

Rheumatism and Dyspepsia Are Soon Ended

Victims of stomach trouble and rheumatism often find that when their stomach is not in order, the rheumatism disappears. Thousands of people everywhere have testified that this has been true of both troubles simultaneously. Mr. Robert Trotter, 148 State St., St. Paul, Minn., says:

"About a year ago I began to go down hill. Stomach and rheumatism in my arms and shoulders kept me in misery all the time. Since taking Fletcher's all my aches and pains have gone, and my stomach is in fine shape. I'm glad to endorse such a fine medicine."

Hearty digested food fills the whole system with poisons. Rheumatism and many other complaints not generally recognized as having their origin in the stomach quickly respond to the right treatment. Get a bottle today of any good druggist.—Advertisement.

The Modern Interest.
"Did you ever read that poem entitled, 'The Man With the Hoe'?"
"Sure you got it straight?" inquired Farmer Corntassel. "That little sounds to me more like politics than poetry."

MOTHERS AND DAUGHTERS

Read This Letter from Mrs.
W. S. Hughes

Greenfield, Del.—"I was under the impression that my oldest daughter had some internal trouble as ever since the first time her sickness appeared she had to go to bed and even had to quit school once for a week. I always take Lydia E. Pinkham's Vegetable Compound myself. I gave it to her and she has received great benefit from it. You can use this letter for a testimonial if you wish, as I cannot say too much about what your medicine has done for me and for my daughter."—Mrs. W. S. Hughes, Greenfield, Delaware.

Mother and daughter, grandmothers have taken and have learned the value of Lydia E. Pinkham's Vegetable Compound. So they recommend the medicine to others.

The best test of any medicine is what it has done for others. For nearly fifty years we have published letters from mothers, daughters, and women, young and old, recommending the Vegetable Compound. They know what it did for them and are glad to tell others. In your own neighborhood are women who know of its great value.

Mother—daughters, why not try it?

DON'T DESPAIR

If you are troubled with pains or aches; feel tired; have headache, indigestion, insomnia; painful passage of urine, you will find relief in

GOLD MEDAL BARKEN OR

The world's standard remedy for kidney, liver, bladder and uric acid troubles and Rheumatic Remedy of Holland since 1895. Three doses, all druggists.

Look for the same Gold Medal on every box and accept no imitation.

Try This.

Files cannot stand extreme cold. By catching them and placing them in the refrigerator overnight you will soon get them so rheumatic that they cannot fly about and bother you.—Boston Transcript.

**No-Way
Stretch**
SUSPENSORS
A full line of No-Way Stretch Suspensors (the only kind that stretch) in all sizes and styles. They are made of the finest material and are guaranteed to give you the most comfortable and lasting support. Write for a free catalog.

Whence Tommy's Idea.
Teacher—Tommy, why do you spell bank with such a large "B"?
Tommy—Cause pa said that a bank was no good unless it had a large capital.—London Answers.

**Sure Relief
FOR INDIGESTION**
BELLANS
6 BELLANS
Hot water
Sure Relief
BELLANS
25¢ and 75¢ Packages, Everywhere

**BABIES LOVE
ALL WINDY'S RUM**
The latest and greatest discovery in baby medicine. It is a pure, natural, and delicious remedy for all windy, colic, and other troubles of infants. It is the only medicine that babies love to take. Write for a free sample.

METHODS OF WHEAT CULTURE IN KANSAS

Surprising Success in Sowing in
the Stubble.

Plan Has Averaged Higher Yields
Than Plowing and Early as
Much as the Early
Plowing.

(Prepared by the United States Department of Agriculture.)
In western Kansas where a large part of the cultivated area is now wheat year after year, the greatest cultural problem in terms of acres involved is how to prepare wheat stubble for wheat. For the past 14 years this problem has been studied at the Fort Hays branch station, and the results have just been published by the United States Department of Agriculture in Department Bulletin 1004, Methods of Winter-Wheat Production at the Fort Hays Branch Station, by John S. Cole and A. L. Hall.

This experiment station is in Ellis county, Kansas, which is in the western tier of the solid block of "million-bushel" wheat counties in that state. Statistics of the Kansas state board of agriculture show that farming in this section has been stabilized for 30 years by devoting nearly three-fourths of the cultivated acreage to winter wheat. During this period there has been no change in yields, the average for the county from 1891 to 1920, inclusive, being only 9.6 bushels to the acre.

All this time wheat has been grown continuously after wheat by several methods. In this region there are 90 days between harvest and seeding. By plowing 75 days after harvest and 17 days before seeding, an average of 10.5 bushels per acre has been produced, the lowest yielding method tried, but practically the same as the average for the county. Early plowing, 32 days after harvest and 58 days before seeding, has averaged 14.6 bushels per acre. Early plowing subsoiled has averaged 17 bushels and land listed instead of early plowed has averaged 17.3 bushels. Land alternately fallowed and cropped to wheat has averaged 20.3 bushels.

From 1914 to 1920, inclusive, surprising success has resulted from sowing wheat in the stubble either disked or uncultivated. This method has averaged higher yields than late plowing and nearly as much as early plowing.

Various other important experimental results are recorded in the bulletin, but the most important announcement is that the 90-day period between harvest and seeding offers the most fertile field for the control of weeds. The more completely this is made a cultivation period the higher will yield rise above the minimum at which they now rest. An increase of 50 per cent is not impossible, and some part of it, say the investigators, should be realized through greater timeliness and efficiency of operations.

SUDAN GRASS IS POPULAR

Plant Well Adapted to Certain Conditions; Supplies Some Needs Better Than Other Crops.

Eight years ago Sudan grass received its first extensive publicity in this country, and its popularity continues to increase, proof enough that the plant is well adapted to certain conditions and supplies some needs better than any other forage crop. The satisfaction it gives as a summer pas-



Grass in Labeled Bag.

ture for work stock, dairy cows and other farm animals has been an important factor during the last year in stimulating a more than usual interest in the crop. It has also been found that when reasonable care is used there is very little danger of prussic acid poisoning; in fact, when the pasture is properly handled there is no danger in the region east of the 96th meridian. West of that line the danger is practically negligible unless the grass is injured by drought.

New evidence regarding Sudan grass pasture is being provided each year by farmers and experiment stations. In New Mexico, irrigated Sudan pasture carried two head of milk cows to the acre, and enough butterfat was produced to give a return of \$75 an acre after the cost of the grain feed had been deducted. A prominent farmer in central Kansas has a Sudan grass pasture every year for his dairy herd and claims that the butter churns in from five to ten minutes and is firm and well flavored, while that from alfalfa-fed cows is hard to gather and soft.

Watch the Stave Size.
The farmer who has a wood stave also should give it special attention. The staves dried out considerably when the fire was out. This allowed the hoops to become loose, and thereby weakened the structure. The hoops should be tightened in the absence of other support to the staves. The tightening of these hoops keeps the staves firm and rigid. Such attention may prevent the stave from splitting.

Colorful Knitted Accessories;

Layette for the Winter Baby

NOW are the days when gay knitted tags hold forth in full measure of glory. With cool weather upon us things knitted take on a double significance. They answer not only to the call of the aesthetic, but they stand for genuine comfort as well.

It would seem as if autumn's most gorgeous red, blue, yellow and purple hues have been caught within the knitted mesh of scarf, sweater-coat, hat and various accessories, reflecting their cheerful tones in stripes, plaids and novelty designs—for one cannot wear too gay sports attire. Wealth of color is a chief asset in knitted apparel.

Perhaps the knitted scarf comes first in importance. And they are making such wonderful scarfs these days!

son, but some differences are made for the little one that arrives in winter time. He is entitled to his share of fresh air and therefore must be clothed to take his airings and outings in warm comfort; but wraps and coverings are his main defense against the cold. There are not many differences between the fashions of the winter and the summer babies.

The list of the baby's belongings starts with shirts and good nurses recommend the mixed silk and wool or cotton and wool shirts, because they do not shrink with washing. Three of these are necessary to begin with. Straight flannel bands—all wool and pinked at the edges—are to be provided for either the summer or winter baby and four of these are needed.



KNITTED WEAR FOR AUTUMN

Great shaggy, near-shawls of brush wool with astounding borders and lots of fringe! Just the sort to challenge any intent of Mr. Jack Frost. Then there are the fascinating fiber silk kind which supply their wealth of color to the erstwhile somber tailored suit.

Perhaps you are of the skirt and lingerie blouse persuasion. If so, one needs a bit of protection about the shoulders, and what more apropos than one of the much befringed and cheerfully bordered brush wool scarfs? It is quite the clever thing to wear a wool scarf matched to one's sweater. One thing calls for another and really to complete the ensemble one should

When the baby is three months old they are discarded and replaced by silk and wool or cotton and wool shawl-bands. For the winter baby three pairs of wool stockings are needed and a small wood form to dry them over. They should be washed in cold water. Knee-length booties usually form a part of every layette and three pairs of them are needed by the winter baby to wear when he goes for a promenade. On his arrival the baby will be put in a gown of some kind and will spend much of his time in the same comfortable garment for a month or two. Knit gowns come in light and heavy weight and four of the heavy ones are required when the



COMFORTABLY CLOTHED FOR WINTER

Indulge in a knitted hat, for "bets" are the smart vogue.

Study the knitted outfit in the illustration. The woolen slipover is white, loosely knitted with horizontal purple stripes; girlish in white and the sleeves are full length. The tam and scarf set worn with this sweater is of camel's hair with tassels on cap and scarf.

The other young woman has the knack of wearing her lightweight knitted scarf just right. It is of brushed wool checked in blue and buff with blue tassels.

The layette of his babyship is not varied a great deal to suit the se-

son and snow fly together, or he may have four flannellette gowns. He needs three flannel skirts and about four undershirts. It is usual to provide four slips and three dresses to start with, adding to these afterward. One coat and one elderdown bunting are necessities in the layette of the winter baby and close-fitting knitted caps and scarves of wool yarn will do him a lot of good.

The smartest belts are braided. Braided belts of various soft fabrics are in vogue. They are made of suede and of acetate and of any other soft fabric that may be pulled into strands.

Autumn coat styles. Wide sleeves of almost cloak-dress proportions characterize some of the advance models in autumn coats. There is usually a band of fur around the collar or a band of a point down the outer edge of the sleeves. Many

of the coats have elaborate girdles of heavy braided cord with metal slides, the girlish coats often finished with big tassels. Large, mottled buttons and narrow panels formed by two tucks and filled in with silk cross stitchery are decorative details.

Children's Outfits. Outfits for small children follow the accepted line of the mode for the season and are elegant, fitted, with their snug collars and long sleeves.

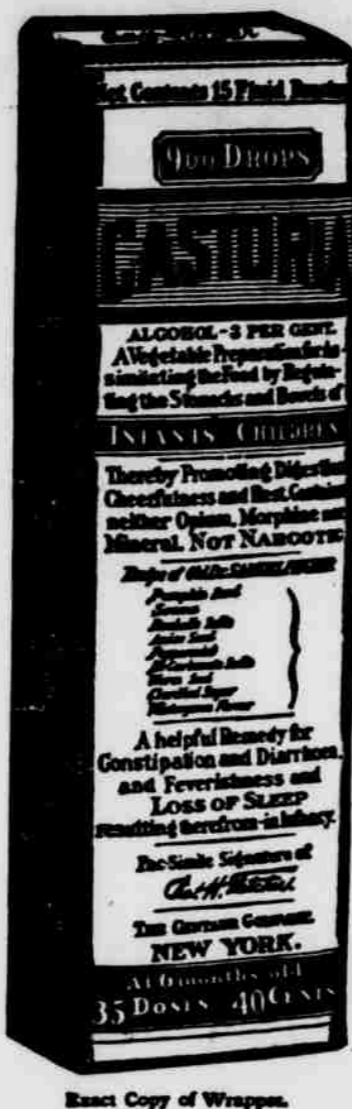
Some More Truths.

WOULD you use a steam shovel to move a pebble? Certainly not. Implements are built according to the work they have to do.

Would you use a grown-up's remedy for your baby's ills? Certainly not. Remedies are prepared according to the work THEY have to do.

All this is preliminary to reminding you that Fletcher's Castoria was sought out, found and is prepared solely as a remedy for Infants and Children. And let this be a warning against Substitutes, Counterfeits and the Just-as-good stuff that may be all right for you in all your strength, but dangerous for the little babe.

All the mother-love that lies within your heart cries out to you: Be true to Baby. And being true to Baby you will keep in the house remedies specially prepared for babies as you would a baby's food, hairbrush, toothbrush or sponge.



Exact Copy of Wrapper.

Children Cry For

Fletcher's CASTORIA

Are You Prepared?

A doctor in the house all the time would be a good idea. Yet you can't afford to keep a doctor in the family to keep baby well or prevent sickness. But you can do almost the same thing by having at hand a bottle of Fletcher's Castoria, because it is a wonderful remedy for indigestion, colic, feverishness, fretfulness and all the other disorders that result from common ailments that babies have.

Fletcher's Castoria is perfectly safe to use. It is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrup. Children cry for Fletcher's Castoria, and mothers recommend it because they have found it a comfort to children and a mother's friend.

If you love your baby, you know how sweet it is to be able to help baby when trouble comes. You cannot always call upon a doctor. But doctors have nothing but good to say of Fletcher's Castoria, because they know that it can only do good—that it can't do any harm—and they wouldn't want you to use for baby a remedy that you would use for yourself.

MOTHERS SHOULD READ THE BOOKLET THAT IS ABOUT EVERY BOTTLE OF FLETCHER'S CASTORIA

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher.

THE CENTAUR COMPANY, NEW YORK CITY.

10 Cents

Gives Charming New Color Tone to Old Sweaters

POTNAM FADELESS DYES—dyes or tints as you wish

Modern Surgical Wonder.

I translated a gland from a monkey wrench to my liver. Then I went for a ride and a motor cop tried to pinch me for speeding, and the car hit him and then climbed a tree and hung from the branches by its tail light.—From a Letter in the Chicago Tribune.

WOMEN NEED SWAMP-ROOT

Thousands of women have kidney and bladder trouble and never suspect it. Women's complaints often prove to be nothing else but kidney trouble, or the result of kidney or bladder disease.

If the kidneys are not in a healthy condition, they may cause the other organs to become diseased.

Pain in the back, headache, loss of ambition, nervousness, are often times symptoms of kidney trouble.

Don't delay starting treatment. Dr. Kilmer's Swamp-Root, a physician's prescription, obtained at any drug store, may be just the remedy needed to overcome such conditions.

Get a medium or large size bottle immediately from any drug store.

However, if you wish first to test this great preparation, send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Advertisement.

Phonetic Spelling Made Easy.
She is beginning to master words of one syllable in her primer, and is deeply interested in the discovery of new words. Apparently, she is destined to be something of a lexicographer herself.

"Daddy," she inquired, "what does double p, double l and double e spell?"
"There is no such word, double p, double l and double e."

"Oh yes, there is," was the grave rejoinder. "It spells two pies."

FREEDOM FROM LAXATIVES

Discovery by Scientists Has Replaced Them.

Pills and salts give temporary relief from constipation only at the expense of permanent injury, says an eminent medical authority.

Science has found a newer, better way—a means as simple as Nature meant.

In perfect health a natural lubricant keeps the food waste soft and moving. But when constipation exists this natural lubricant is not sufficient. Medical authorities have found that the gentle lubricating action of Nujol most closely resembles that of Nature's own lubricant. As Nujol is not a laxative it cannot grip. It is in no way a medicine. And like pure water it is harmless and pleasant.

Nujol is prescribed by physicians; used in leading hospitals. Get a bottle from your druggist today.—advertisement.

Naturally Seduced.
The woman said she wanted a book to give her little boy on his birthday, something useful and instructive.

"Here's an excellent one on 'Self Help,'" said the clerk.

"Self help?" she exclaimed. "He doesn't need any instruction in that line—you ought to see him at a party."—Boston Transcript.

TIME HAD CHANGED THINGS

Fare Offered Might Have Satisfied Conductor Once, but Not at This Day and Date.

My young daughter and I were starting for the country. I purchased the tickets and we hurried on the train, finding a crowded coach. Not being able to secure two seats together, I gave Ruth her ticket and found a seat for myself in the forward end of the car.

Soon the conductor came along collecting fares. I handed him my ticket and settled back comfortably in my seat. He looked first at the little piece of cardboard and then at me. I am fair, fat and forty.

He seemed rather amused as he returned the ticket with these words: "This might have gone at one time, but I am afraid it won't do now."

I didn't stop to argue, for as I glanced at the ticket I saw I had retained the half fare and given the full fare to my young daughter.—Chicago Tribune.

Watch Cuticura Improve Your Skin. On rising and retiring gently smear the face with Cuticura Ointment. Wash off Ointment in five minutes with Cuticura Soap and hot water. It is wonderful what Cuticura will do for poor complexion, dandruff, itching and red rough hands.—Advertisement.

Mixed in Her History.
She did not appear to be over twenty years old and you would have guessed she was fairly familiar with things of a historical nature, but as she stood by one of the monuments that grace our beautiful city, she said: "I wonder what John Paul Jones, famous for his wonderful ride during the revolutionary period, would think if he could come back and see the thousands of autos that daily pass this statue." Oh, shade of Paul Revere!—Washington Star.

Which City Editor?
Many people have queer ideas about newspaper work. Some think that reporters go out in the morning and walk up and down streets looking for "news."

Others seem to believe that newspaper men have a secret insight into affairs. Newspaper men often refrain from changing this attitude.

But the woman who came to see the city editor today had a new one. "Are you the city editor?" she asked. "Yes, madam," he replied.

"Which city?" she inquired blandly. —Washington Star.

Sometimes the "cheap imitations" are the same things under a different name.

NR
Better than Pills
For Liver & Bile
NR Tonight—
Tomorrow Morning

Kansas Farm Sale
We will offer for sale or trade a large number of choice grain and stock farms in Cowley and Sumner Counties, Kansas, about middle of October. Pleased to sell \$75 per acre and \$50 Transportation. Write for free information. THE KANSAS INVESTMENT COMPANY, Arkansas City, Kansas.

New Hair
W. N. U., ST. LOUIS, MO. 20-1922.

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Make your Old Walls NEW

Redecorate with little trouble, less expense and greater satisfaction. There is one best way to do it.



Alabastine
Instead of Kalsomine or Wall Paper